

OCTOBER | 2022

Ezra Eby Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Pizza Seasoned Green Beans Peaches Crunchy Carrots Grapes	4 Taco Tuesday Walking Taco Doritos Seasoned Beef Refried Beans Cheddar Cheese Salsa & Lettuce Apple Slices	5 Brunch Lunch Pancakes & Syrup Sausage Links 100% Juice Box Fresh Melon Cup Diced Pears	6 Cheeseburger Pickles Lettuce/Tomato Slice Chips Carrots Frozen Slush Pouch	7 Southern Chicken Macaroni & Cheese Side Salad Celery Sticks Apple
10 Celebrating National School Lunch Week Peace, Love & Pizza Tie Dye Veggies Apple Slices Crunchy Carrots	11 Totchos Tator Tots Seasoned Beef Refried Beans Cheddar Cheese Sauce Salsa & Lettuce Applesauce Love Cookie	12 Good Vibes Chicken & Waffles Dig It Strawberries Peace Pink Pears Cucumber Coins	13 SO COOL Stromboli Mellow Marinara Bell Bottom Baby Carrots That's so 70's Fruit Fluff Groovy Grapes	14 $\frac{1}{2}$ DAY
17 NO SCHOOL	18 Taco Tuesday Walking Taco Doritos Seasoned Beef Refried Beans Cheddar Cheese Salsa & Lettuce Apple Slices	19 Brunch Lunch Breakfast Pizza String Cheese Cinnamon Apples Carrot Sticks Juice Box	20 Frito Crunch Chili Cheese Dog Apple Slices with Sun butter dip Baby Carrots Grapes	21 Chicken Nuggets With BBQ Sauce Glazed Carrot Coins Side Salad with Cherry Tomatoes Chocolate Grahams
24 Pizza Cheesy Broccoli Tossed Salad Fresh Fruit	25 Taco Tuesday Soft Shell Taco Tortilla Chips Seasoned Beef Refried Beans Cheddar Cheese Salsa & Lettuce Applesauce	26 Brunch Lunch Apple Cinnamon French toast Sausage link Crunchy Carrots Green Pepper Strips Dried Cherries	27 Quesadilla Salsa Cowboy Corn Black Beans Apple	28 Mini Corn Dogs Seasoned Green Beans Blueberry Bubble Bread Red Pepper Strips Celery
31 EEEK! Broomsticks (Chicken Sticks) Pumpkin Pretzel & Cheese Sauce Ghoulish Grapes Boo Berries Jack O lantern Cookie Orange Scream Slush	1	2	3	4

News



ALL Meals are Free to ALL students

MILK IS INCLUDED WITH EACH MEAL

Milk purchased separately is \$1.00



Menu is subject to change